



Brigitte Djie

Are you prepared for the next decade?

Workbook Day 2

Brigitte Djie

Let's get to work

Let's look at the present; the now.

What does your life look like right now?

How have the past 10 years shaped how your life is at this moment?

What did you work towards that you now have or are?

What did you do to get there?

Who helped you?

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How did you plan?

What did you invest in time and other resources?

How old are you now?

Where do you live?

What is your physical situation right now?

Who is in your life? Who is not in your life any longer that was there in 2010?

How old are the people in your life now?

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What is your career like?

What are you grateful for?

Spend some time to immerse yourself and celebrate the last decade; your achievements, wins, learnings, realisations, total screw ups, blunders and other types of mishaps that you learned from:

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